

GP PRESCRIBING GUIDE

All products are ACBS approved



Product	Fortisip Compact Protein		Fortisip Compact	Fortisip Compact Fibre	Fortisip 2kcal	Fortijuice	Forticreme Complete
Description	LOW VOLUME, HIGH PROTEIN		LOW VOLUME	LOW VOLUME, FIBRE CONTAINING	HIGH ENERGY, HIGH PROTEIN, 10µg VITAMIN D*	JUICE STYLE	HIGH ENERGY, SEMI-SOLID, PUDDING STYLE
Volume	125ml		125ml	125ml	200ml	200ml	125g
Energy (Kcal)	300		300	300	400	300	200
Protein (g)	18		12	12	20	7.8	12
Fibre (g)	0		0	4.5	0	0	0
Flavours	Vanilla, Strawberry, Banana, Peach-Mango, Berries, Mocha, Neutral, Cool Red Fruits, Hot Tropical Ginger		Chocolate, Vanilla, Strawberry, Banana, Forest Fruit, Apricot, Mocha, Neutral	Vanilla, Strawberry, Mocha	Vanilla, Strawberry, Forest Fruit, Mocha, Chocolate-Caramel	Lemon, Apple, Orange, Strawberry, Tropical, Forest Fruits, Blackcurrant	Vanilla, Banana, Forest Fruit, Chocolate
Bottles per month in ml for prescription request	28	3,500ml	3,500ml	3,500ml	5,600ml	5,600ml	3,500g
	56	7,000ml	7,000ml	7,000ml	11,200ml	11,200ml	7,000g
	84	10,500ml	10,500ml	10,500ml	16,800ml	16,800ml	10,500g

Table represents values per bottle

Bottles per day 28 bottles per month = 1 bottle per day 56 bottles per month = 2 bottles per day 84 bottles per month = 3 bottles per day

*Vitamin D deficiency is prevalent in patients at risk of malnutrition, particularly older, hospitalised and/or institutionalised adults¹. Fortisip 2kcal provides the recommended 10µg of vitamin D per day² in one bottle.

1. ter Borg et al. Br J Nutr. 2015; 113(8): 1195–206.

2. Scientific Advisory Committee on Nutrition. Vitamin D and Health. Public Health England, 2016.

This information is intended for healthcare professionals only.

The Forti range of products are Foods for Special Medical Purposes for the dietary management of disease related malnutrition and must be used under medical supervision.

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